



THE ADVENTURES OF

BILLIE BIONEGIOR

AND FRIENDS







Shout **YES!** if you want to join me and my friends.

YES! That's great! Let me introduce you to my friends...



This is Sammy. Sammy is a super syringe.

His superpower is helping to give you your

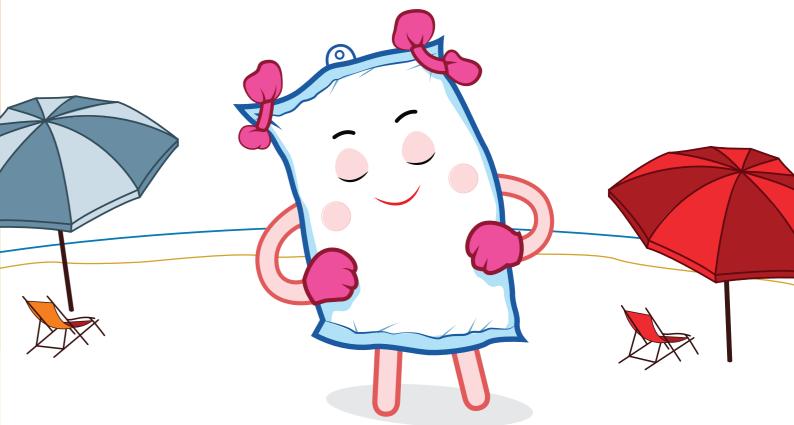
medicines to make you feel better.

Sammy helps me a lot and we are great friends.

Here is Daisy. Daisy Drip loves helping others.

Sometimes you may need her to give you special medicines or nutrition.

Her superpower is helping you get big and strong.



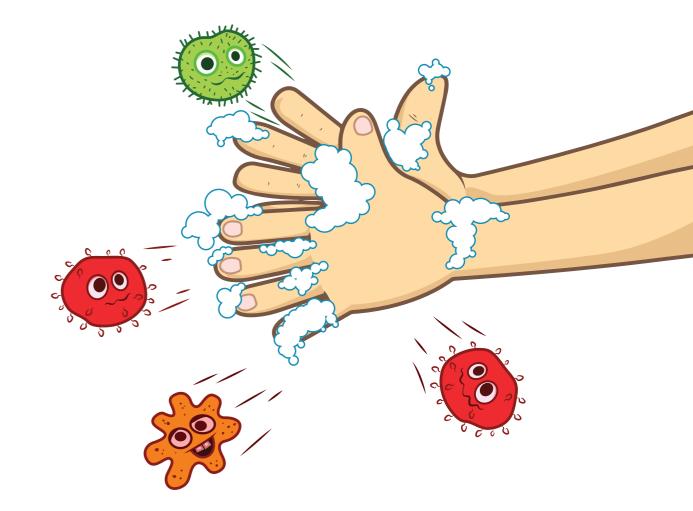




Let's hop onto stepping stone one.

Wow, what a big hop!

This is a special step to make our hands
nice and clean to fight those naughty germs.





Can you clean your hands? Here is how we do it. We can sing a song whilst we are washing them. This will take at least 30 seconds.

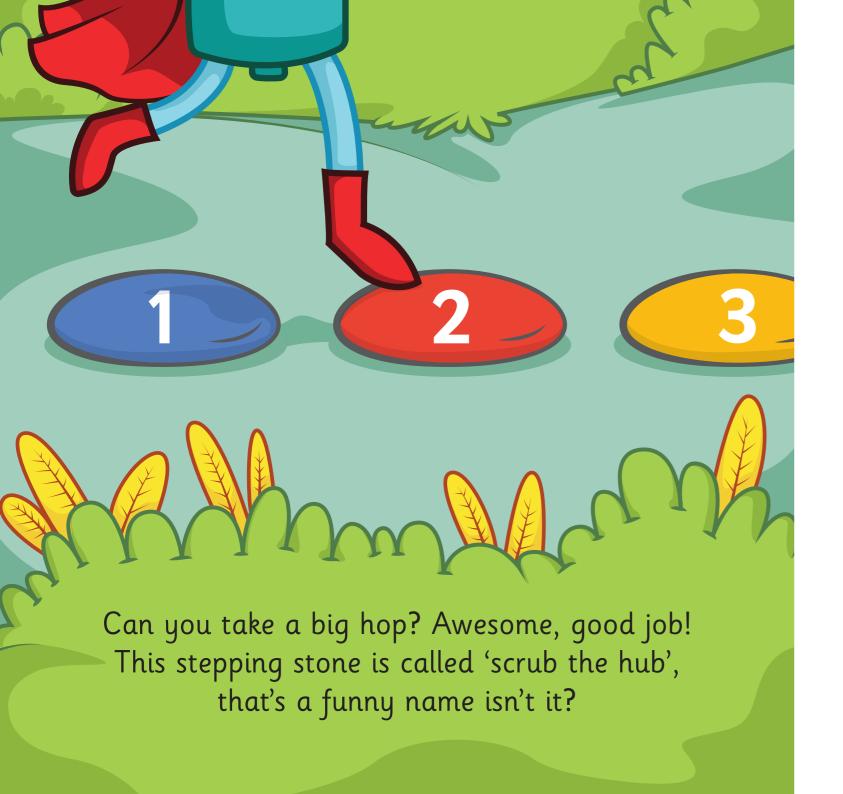
What is your favourite song? I love that song too!

This is fun, isn't it?! Are they all clean? Now let's dry them with a clean towel. Wow, fantastic job!



We can hop on to stepping stone two now,





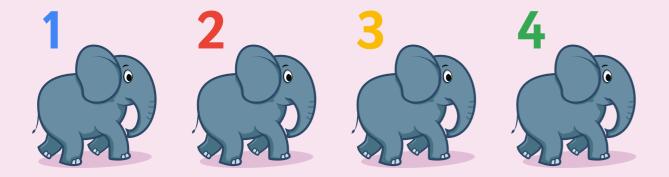
Just like your hands need to be clean,
I need cleaning too!
I have a special wipe to help get me
nice and clean can you find it?



Fantastic, great job!

Now we do this for at least 15 seconds, shall we count together whilst doing it?

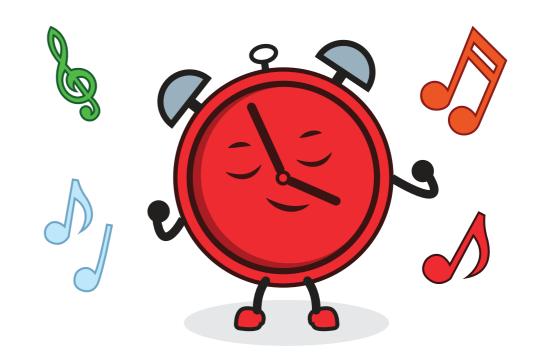
Amazing let's start, one elephant, two elephant...



Excellent job! Well done, now you need to let me dry for at least 30 seconds.



We can count together to 30 or you can sing your favourite song. You might need to sing it twice to make sure it's at least 30 seconds. Let's start together...



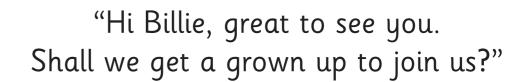
Well done, that's fantastic we have done everything on stepping stone two.

Let's now take a big hop to stepping stone three.

Wow, that was a big hop!

This is where my friend Sammy joins us.

"Hi Sammy, thank you for helping me!"





"Yes Sammy good idea! We may need a grown up for this special step. This step is called flushing." As you know, I'm now nice and clean after using my wipe, but I also like to keep my catheter clear. So, our grown up will use some sterile saline, which we then use to flush me and my catheter.



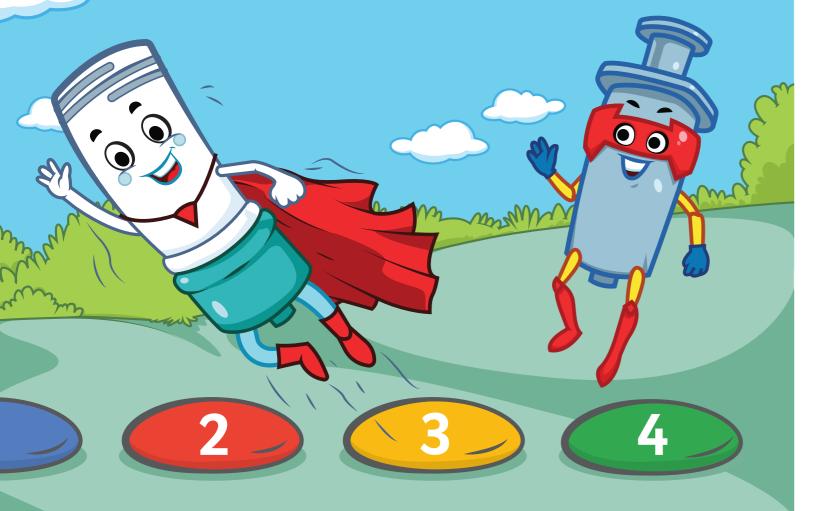
It doesn't hurt but it may tickle, or you might feel a little bit cold as it goes in.

If you're having your special medicine too that will go in next. After that Sammy will need some more sterile saline to make sure all the medicine has gone through and that my catheter is clear.



AMAZING JOB! YOU DID GREAT!

"Thanks Sammy, nice seeing you again!"
"You too Billie, see you soon and have fun!"



Let's take a really big hop onto our last stepping stone.
You have done so well, so let's hop together.

4

READY? GO!

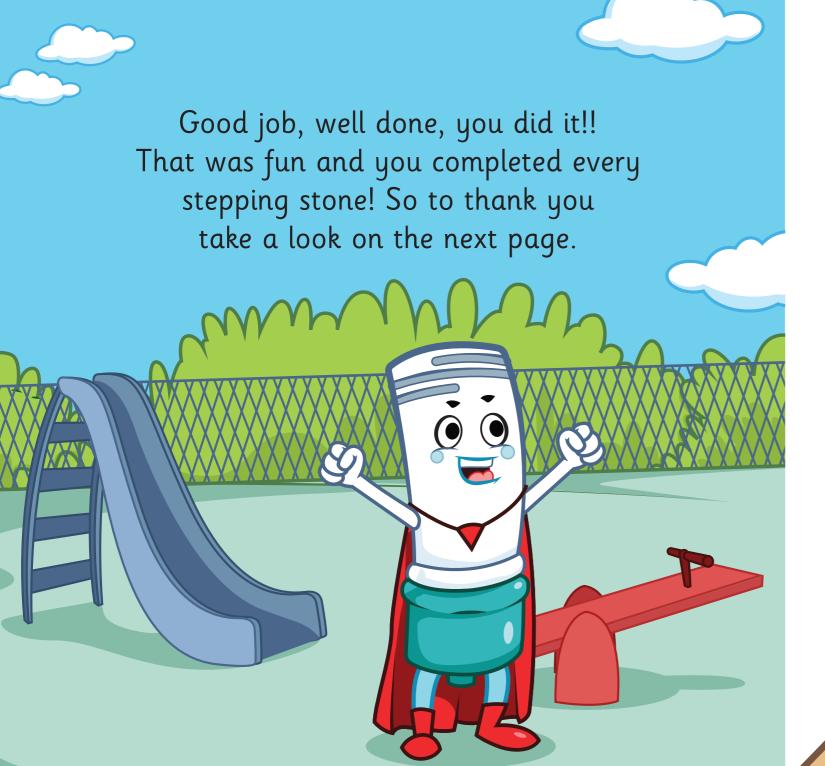
Wow good job! This is stepping stone four, it's similar to stepping stone two.

Just like we did in stepping stone two, I need to be really clean. Let's find a new special wipe.



Can you clean me for at least 15 seconds? Shall we count again together whilst doing it? Yes?! Let's start, one elephant, two elephant...





CONGRATULATIONS

on becoming part of our team as a superhero





To enrol into the Superhero Academy you must complete all of your tasks, create a superhero name and a superpower.

This is to certify that

Superhero name

has performed all of the tasks and is now a



Superhero power

True identity



Signed

Date

CONGRATULATIONS!



Sometimes it can be difficult to share your feelings, so we have these faces to help.

You can share with a grown up how you feel anytime by pointing at the picture that shows how you feel.









Patient Education is at the heart of what we do.

By developing fun and interactive education, we want to help support parents and children both in hospital and the community. Designed and created with you in mind to help deliver an inclusive and easy learning experience.

Thank you for reading the book.



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